



Your New Employee Assistance Programme

Completely Confidential Support

As a member of staff you have access to independent, and free support from PAM Assist. Issues PAM Assist can offer you support with include:

- ✓ Relationships
- ✓ Working Life
- ✓ Management Support
- ✓ Family Issues
- ✓ Crisis and Change
- ✓ Loss or Illness
- ✓ Health and Wellbeing
- ✓ Legal Issues



Telephone a qualified counsellor on
0800 882 4102
24 Hours a day, 365 Days a year

Go online at
pamassist.co.uk



You will need to enter the below details to access the resources and advice available for you on the PAM Assist website:

Username	burymbc
Password	burymbc1

Download the app
PAM Assist

